



JUNE / JULY 2027 SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00 AM			Freestyle P / HS (R1) 6am-7am		Freestyle P / HS (R1) 6am-7am	
6:50 AM						Freestyle P / HS (R2) 6:50am-7:50am
7:00 AM	Freestyle P / HS (R1) 7am-8am	Freestyle P / HS (R1) 7am-8am	Freestyle P / HS (R1) 7am-8am	Freestyle P / HS (R1) 7am-8am	Freestyle P / HS (R1) 7am-8am	
7:50 AM						Freestyle P / HS (R2) 7:50am-8:50am
8:00 AM	Freestyle P / HS (R2) 8am-9am	Freestyle P / HS (R2) 8am-9am	Freestyle P / HS (R2) 8am-9am	Freestyle P / HS (R2) 8am-9am	Freestyle P / HS (R2) 8am-9am	
8:20 AM						ASP & Adv. Adult Warm Up (MA) 8:20-8:50am
9:00 AM	Freestyle P / HS (R2) 9am-10am	Freestyle P / HS (R2) 9am-10am	Freestyle P / HS (R2) 9am-10am	Freestyle P / HS (R2) 9am-10am	Freestyle P / HS (R2) 9am-10am	Aspire Bronze & Silver, Adv. Adult & Freestyle (R2) 9am-10am
10:00 AM						Youth LTS (R2) 10am-11am
10:40 AM						Adult LTS Warm Up (MA) 10:40-11am
11:10 AM						Adult LTS (R2) 11:10-12:10pm
12:00 PM			Strength & Conditioning (MA) 12:00pm-12:45pm		Strength & Conditioning (MA) 12:00pm-12:45pm	
12:10 PM						Adult Only Freestyle (R2) 12:10-1:10pm
12:15 PM						Adult LTS Cool Down (MA) 12:15-12:25pm
12:45 PM		Dynamic Warm Up (MA) 12:45pm-1:15pm		Dynamic Warm Up (MA) 12:45pm-1:15pm		
12:50 PM	Aspire Warm Up (MA) 12:50-1:20pm					KEY R1 = Rink 1 R2 = Rink 2 MA = Multipurpose A P = Pairs Allowed HS = Hockey Skills Allowed w/HSSTA Coach LTS = Learn to Skate Class ASP = Aspire Class
1:30 PM	Youth LTS & ASP (All Levels) (R2) 1:30-2:30pm	Freestyle (R2) 1:30-2:30pm	Freestyle (R2) 1:30-2:30pm	Teen LTS & Freestyle (R2) 1:30-2:30pm	Freestyle (R2) 1:30-2:30pm	
2:30 PM	Freestyle (R2) 2:30-3:30pm	Freestyle (R2) 2:30-3:30pm	Freestyle (R2) 2:30-3:30pm	Freestyle (R2) 2:30-3:30pm	Freestyle (R2) 2:30-3:30pm	
2:35 PM	Aspire Cool Down (MA) 2:35-2:45pm					
3:30 PM	Freestyle (R2) 3:30-4:30pm	Freestyle (R2) 3:30-4:30pm	Freestyle (R2) 3:30-4:30pm	Freestyle (R2) 3:30-4:30pm	Freestyle (R2) 3:30-4:30pm	
4:00 PM	Freestyle Split HS (R2) 4-4:30pm	Freestyle Split HS (R2) 4-4:30pm	Freestyle Split HS (R2) 4-4:30pm	Freestyle Split HS (R2) 4-4:30pm	Freestyle Split HS (R2) 4-4:30pm	
4:40 PM	Freestyle (R2) 4:40-5:40pm	Youth LTS (R2) 4:40-5:40pm	Youth LTS (R2) 4:40-5:40pm	Freestyle (R2) 4:40-5:40pm		
5:00 PM	Aspire Gold Warm Up (MA) 5-5:30pm	Aspire Silver Warm Up (MA) 5-5:30pm	Aspire Bronze Warm Up (MA) 5-5:30pm			
5:40 PM	Freestyle HS & ASP Gold (R2) 5:40-6:40pm	Freestyle HS & ASP Silver (R2) 5:40-6:40pm	Freestyle HS & ASP Bronze (R2) 5:40-6:40pm	Special Olympics & Freestyle (R2) 5:40-6:40pm		
6:45 PM	Aspire Gold Cool Down (MA) 6:45-6:55pm	Aspire Silver Cool Down (MA) 6:45-6:55pm	Aspire Bronze Cool Down (MA) 6:45-6:55pm			
7:00 PM		Adult LTS Warm Up (MA) 7-7:20pm				
7:30 PM		Adult LTS (R1) 7:30-8:30pm				
8:35 PM		Adult LTS Cool Down (MA) 8:35-8:45pm				

What is Freestyle? Freestyle sessions are practice ice sessions for ALL levels with a private coach present, Basic 6 (youth) or Basic 3 (adult) & higher skaters without a private coach present. Freestyle Sessions are purchased in 1 hour blocks, regardless if the skater uses the entire hour. Split Session (30 min) offered M-F: 4:00 - 4:30 p.m. HSSTA Membership required to purchase July 1. Guest skaters please email hssta@icesportscenter.com to register.