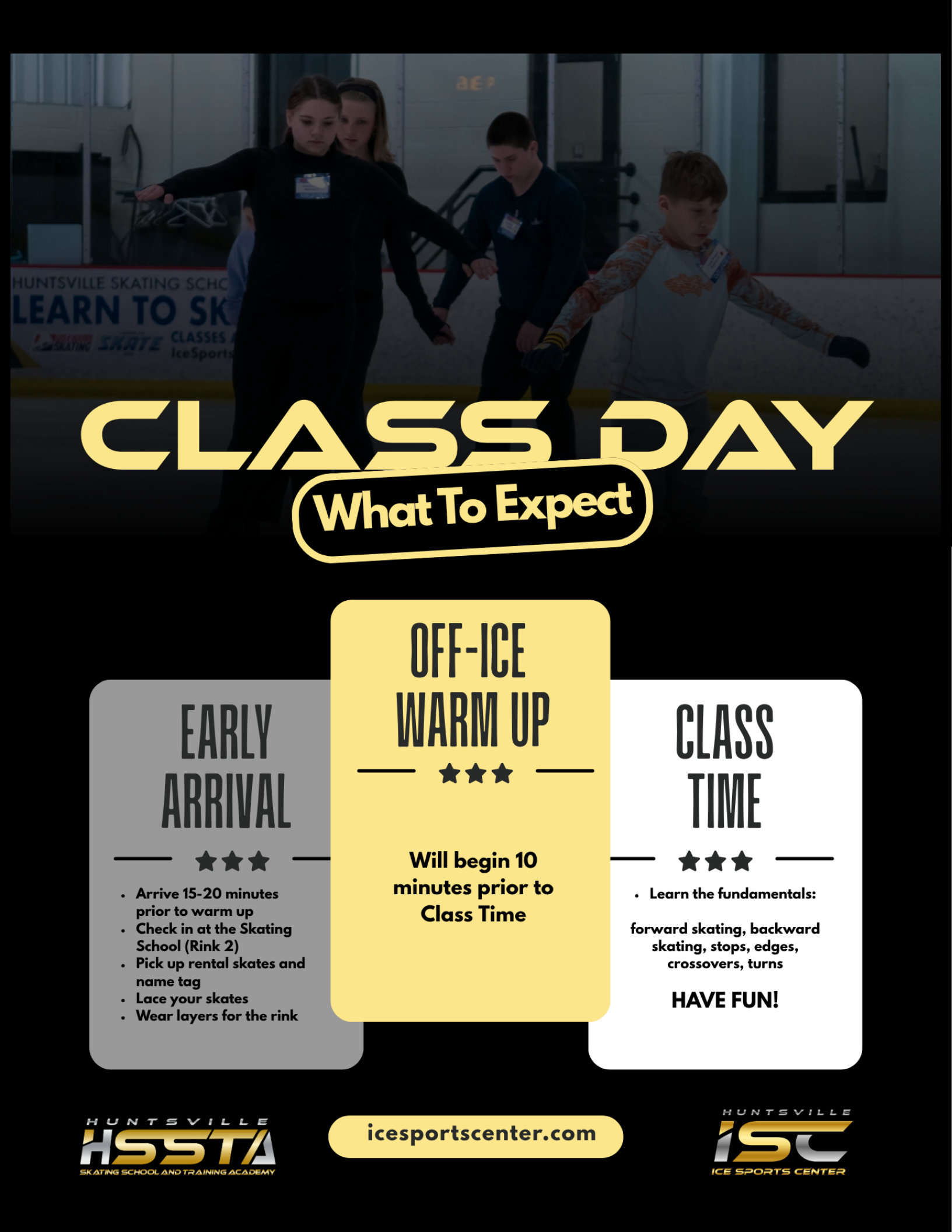




CLASS DAY

What To Expect

EARLY ARRIVAL



- Arrive 15-20 minutes prior to warm up
- Check in at the Skating School (Rink 2)
- Pick up rental skates and name tag
- Lace your skates
- Wear layers for the rink

OFF-ICE WARM UP



Will begin 10
minutes prior to
Class Time

CLASS TIME



- Learn the fundamentals:
forward skating, backward
skating, stops, edges,
crossovers, turns

HAVE FUN!